

Natural Pest Control Solutions

The Organic Gardener's Handbook of Natural Pest and Disease Control Ecologically Based Pest Management Pests of Landscape Trees and Shrubs, Third Edition Natural Remedies in the Fight Against Parasites Biological Control 1001 All-Natural Secrets to a Pest-Free Property Organic Pest Control for Dummies: Naturally Keep Your Garden, Home & Food Bug Free Organic Farming, Pest Control and Remediation of Soil Pollutants Dead Snails Leave No Trails Living in the Environment: Principles, Connections, and Solutions Rational Pesticide Use Ortho Home Gardener's Problem Solver Organic Pest Control Made Easy The Prairie Homestead Cookbook SELF-HELP TO ICSE ENVIRONMENTAL SCIENCE X (SOLUTIONS OF HUMAN SYED) The Guide to Humane Critter Control Ecofriendly Pest Management for Food Security The Wellness Mama 5-Step Lifestyle Detox Farming with Native Beneficial Insects Pesticides Landscape Maintenance Pest Control Natural Solutions to Bigger Pests Organic Pest Control the Practical Guide The Organic Gardener's Handbook of Natural Insect and Disease Control Diatom Nanotechnology Natural Solutions to Things That Big You Starter Vegetable Gardens Natural Enemies Handbook Farming with Native Beneficial Insects 1,001 Secret Money Saving Formulas Dead Snails Leave No Trails, Revised Natural Remedies for Pest, Disease and Weed Control Integrated Pest Management (IPM) Control of Pests and Weeds by Natural Enemies Environmental Health Risk Organic Farming for Sustainable Agriculture Common-sense Pest Control Ecologically Based Pest Management Green This! Volume 1

The Organic Gardener's Handbook of Natural Pest and Disease Control

Annoying household pests don't have to take up space in your abode. Inside the pages of this book, you will find an easy-to-read guide to expunging insects and rodents from your home for good. There are practical solutions that don't have to cost a lot of money that will rid your home of any and all of the unwanted guests. With instructions for creating natural products, you will take the control back from anything from ants to roaches and rodents. This book is full of tips and tricks for almost every pest problem. Take back your home and live comfortably again.

Ecologically Based Pest Management

Sustainability is the integrating theme of this current and thought-provoking book. LIVING IN THE ENVIRONMENT provides the basic scientific tools for understanding and thinking critically about the environment. Co-authors G. Tyler Miller and Scott Spoolman inspire students to take a positive approach toward finding and implementing useful environmental solutions in their own lives and in their careers. Updated with the most up-to-date information, art, and Good News examples, the text engages and motivates students with vivid case studies and hands-on quantitative exercises. The concept-centered approach transforms complex environmental topics and issues into key concepts that students will understand and remember. Overall, by framing the concepts with goals for more sustainable lifestyles and human communities, students see how promising the future can be. Important Notice: Media content referenced within the product description or the

product text may not be available in the ebook version.

Guide to making your own household products, such as disinfectant, carpet cleaner, jewelry polish, bath beads, deodorant, mouthwash, play dough, glue, drain cleaner, mosquito repellent, air freshener, and more.

Pests of Landscape Trees and Shrubs, Third Edition

Focusing on organic farming, this book presents peer-reviewed contributions from leading international academics and researchers in the field of organic agriculture, plant ecosystems, sustainable horticulture and related areas of biodiversity science. It includes case studies and reviews on organic agriculture, horticulture and pest management, use of microorganisms, composting, crop rotation, organic milk and meat production, as well as ecological issues. This unique book addresses a wide array of topics from all continents, making it a valuable reference resource for students, researchers and agriculturists who are concerned with biodiversity, agroecology and sustainable development of agricultural resources.

Natural Remedies in the Fight Against Parasites

Filled with full-color photographs and step-by-step instructions, the authors show readers how to create a farm or garden habitat that will attract beneficial insects and thereby reduce crop damage from pests without the use of pesticides.

Biological Control

Presents a guide to cultivating an efficient and beautiful vegetable garden, from growing seedlings to preventing diseases, and provides twenty-four different plans for optimum crop yield.

1001 All-Natural Secrets to a Pest-Free Property

This book, Environmental Health Risk - Hazardous Factors to Living Species, is intended to provide a set of practical discussions and relevant tools for making risky decisions that require actions to reduce environmental health risk against environmental factors that may adversely impact human health or ecological balances. We aimed to compile information from diverse sources into a single volume to give some real examples extending concepts of those hazardous factors to living species that may stimulate new research ideas and trends in the relevant fields.

Organic Pest Control for Dummies: Naturally Keep Your Garden, Home & Food Bug Free

Widespread use of broad-spectrum chemical pesticides has revolutionized pest management. But there is growing concern about environmental contamination and human health risks--and continuing frustration over the ability of pests to develop resistance to pesticides. In Ecologically Based Pest Management, an

expert committee advocates the sweeping adoption of ecologically based pest management (EBPM) that promotes both agricultural productivity and a balanced ecosystem. This volume offers a vision and strategies for creating a solid, comprehensive knowledge base to support a pest management system that incorporates ecosystem processes supplemented by a continuum of inputs--biological organisms, products, cultivars, and cultural controls. The result will be safe, profitable, and durable pest management strategies. The book evaluates the feasibility of EBPM and examines how best to move beyond optimal examples into the mainstream of agriculture. The committee stresses the need for information, identifies research priorities in the biological as well as socioeconomic realm, and suggests institutional structures for a multidisciplinary research effort. Ecologically Based Pest Management addresses risk assessment, risk management, and public oversight of EBPM. The volume also overviews the history of pest management--from the use of sulfur compounds in 1000 B.C. to the emergence of transgenic technology. Ecologically Based Pest Management will be vitally important to the agrichemical industry; policymakers, regulators, and scientists in agriculture and forestry; biologists, researchers, and environmental advocates; and interested growers.

Organic Farming, Pest Control and Remediation of Soil Pollutants

This text provides readers with an in-depth exploration of how biological control functions and how it can be safely employed to solve pest problems and enhance nature conservation. It covers the principles behind biological control techniques and their implementation, and incorporates practical examples from the biological control of a variety of pests. It contains detailed chapters on conserving natural enemies through environmental management, importation of new natural enemies for control of pests, augmentation of natural enemies through rearing and release, and the development and application of pathogens and biopesticides.

Dead Snails Leave No Trails

It takes a lot of work and a fair amount of money to grow a garden, and a top fear of every gardener is having their investment wiped out by deer, rabbits, and insect invaders. This book is filled with clever ways to be proactive and stop pests from feasting on your bounty. The Guide to Humane Critter Control shows many ways to incorporate protective barriers without ruining your sightlines, outsmart the invaders using insect behavior, use scent to your advantage, and more. With methods and products that are not only kind to wildlife and insects but also healthier for children and pets, this is the blueprint for creating a safe backyard for play, beauty, and healthy fresh-grown foods.

Living in the Environment: Principles, Connections, and Solutions

Many people are concerned about the use of chemicals to control pests, especially where children or pets are concerned, and are turning to natural solutions to solve this age old problem. The truth is apart from the possible long term health

problems, modern factory farming and chemical pesticides are actually less effective in the long term than organic gardening. With pest control in the home and garden, nature provides all the solutions if you know where to look. This book will teach you everything you need to know to not only protect your home and garden from pests but to also protect home, garden and food from pesticides.

Rational Pesticide Use

Solutions of Environmental Science HUMA SYED for March 2021 Examinations.

Ortho Home Gardener's Problem Solver

Sustainable agriculture is a rapidly growing field aiming at producing food and energy in a sustainable way for humans and their children. Sustainable agriculture is a discipline that addresses current issues such as climate change, increasing food and fuel prices, poor-nation starvation, rich-nation obesity, water pollution, soil erosion, fertility loss, pest control, and biodiversity depletion. Novel, environmentally-friendly solutions are proposed based on integrated knowledge from sciences as diverse as agronomy, soil science, molecular biology, chemistry, toxicology, ecology, economy, and social sciences. Indeed, sustainable agriculture decipher mechanisms of processes that occur from the molecular level to the farming system to the global level at time scales ranging from seconds to centuries. For that, scientists use the system approach that involves studying components and interactions of a whole system to address scientific, economic and social issues. In that respect, sustainable agriculture is not a classical, narrow science. Instead of solving problems using the classical painkiller approach that treats only negative impacts, sustainable agriculture treats problem sources. Because most actual society issues are now intertwined, global, and fast-developing, sustainable agriculture will bring solutions to build a safer world. This book series gathers review articles that analyze current agricultural issues and knowledge, then propose alternative solutions. It will therefore help all scientists, decision-makers, professors, farmers and politicians who wish to build a safe agriculture, energy and food system for future generations.

Organic Pest Control Made Easy

The Prairie Homestead Cookbook

Change the way you clean and keep your family's home wholesome and healthy with the help of expert and activist Deirdre Imus. We all grew up thinking chemical smells like bleach and ammonia signaled "clean." But as Deirdre Imus reveals, some of the chemicals we use to maintain our homes are doing us and our families much more harm than good. In *Greening Your Cleaning*, the first in her *Green This!* series, Deirdre shows how cleaning house the environmentally responsible way can be as effective and often cheaper than the more traditional, toxic, means. This volume includes: Simple, efficient cleaning methods for every room of the house Spotlights on everyday products (all purpose cleaner, glass/window cleaner, laundry detergent) and the toxic ingredients you should be wary of Summaries of

the latest research on the toxic effects of ordinary chemicals Resource lists of widely available "green cleaning" products and retailers Filled with tips and testimonials, Greening Your Cleaning will show you how to streamline your cleaning products and practices, and how easy it is to make "living green" your way of life.

SELF-HELP TO ICSE ENVIRONMENTAL SCIENCE X (SOLUTIONS OF HUMA SYED)

A practical guide to repelling indoor and outdoor pests using organic methods, updated with new information on getting rid of bedbugs and dust mites, plus includes updated online resources. If you've ever had a swarm of fruit flies in your kitchen or a gopher wreaking havoc in your yard, you may have wondered what a conscientious gardener or homeowner can do short of heavy-duty chemical warfare. *Dead Snails Leave No Trails* is a comprehensive guide to repelling both indoor and outdoor pests using organic methods—it's the perfect DIY solution to eliminate unwelcome visitors in your home and garden while keeping yourself, your family, and the environment safe from harmful chemicals. With a few easy-to-find items, you'll learn how to:

- Make your own all-purpose pest repellents with simple ingredients like chile peppers and vinegar
- Use companion planting to attract beneficial insects and animals or repel harmful ones
- Keep four-legged intruders—including squirrels, deer, rabbits, and skunks—away from your prized vegetables and flowers
- Safely eliminate ants, roaches, and rodents from your house or apartment
- Protect your pets from critters like ticks and fleas

This revised edition contains newly updated information on today's pest epidemics, like bedbugs, as well as new online resources for finding beneficial organisms that act as predators for specific pests. Full of tips, tricks, and straightforward instructions, *Dead Snails Leave No Trails* is the most user-friendly guide to indoor and outdoor natural pest solutions.

The Guide to Humane Critter Control

Widespread use of broad-spectrum chemical pesticides has revolutionized pest management. But there is growing concern about environmental contamination and human health risks--and continuing frustration over the ability of pests to develop resistance to pesticides. In *Ecologically Based Pest Management*, an expert committee advocates the sweeping adoption of ecologically based pest management (EBPM) that promotes both agricultural productivity and a balanced ecosystem. This volume offers a vision and strategies for creating a solid, comprehensive knowledge base to support a pest management system that incorporates ecosystem processes supplemented by a continuum of inputs--biological organisms, products, cultivars, and cultural controls. The result will be safe, profitable, and durable pest management strategies. The book evaluates the feasibility of EBPM and examines how best to move beyond optimal examples into the mainstream of agriculture. The committee stresses the need for information, identifies research priorities in the biological as well as socioeconomic realm, and suggests institutional structures for a multidisciplinary research effort. *Ecologically Based Pest Management* addresses risk assessment, risk management, and public oversight of EBPM. The volume also overviews the history

of pest management--from the use of sulfur compounds in 1000 B.C. to the emergence of transgenic technology. Ecologically Based Pest Management will be vitally important to the agrichemical industry; policymakers, regulators, and scientists in agriculture and forestry; biologists, researchers, and environmental advocates; and interested growers.

Ecofriendly Pest Management for Food Security

Completely revised and expanded, *Pests of Landscape Trees and Shrubs*, 3rd Edition, is a comprehensive, how-to integrated pest management (IPM) resource for landscapers, arborists, home gardeners, retailers, and parks and grounds managers. This easy-to-use guide covers hundreds of insects, mites, nematodes, plant diseases, and weeds that can damage California landscapes. The book's 435 pages present the practical experience and research-based advice of more than 100 University of California (UC) and industry experts, including:

- Pest-resistant plants and landscape design
- Planting, irrigating, and other cultural practices that keep plants healthy
- Conserving natural enemies to biologically control pests
- Efficient monitoring so you know when to act
- Selective pesticides and when their use may be warranted
- Numerous references to regularly-updated, online guides with more pesticide choices and the latest IPM practices

Inside you'll find:

- 575 high-quality, color photographs to help you recognize the causes of plant damage and identify pests and their natural enemies. 140 more than the previous edition!
- 101 line drawings and charts of pest biology and control techniques
- Problem-solving tables to help you diagnose the pests and maladies of more than 200 genera of alphabetically-listed trees and shrubs

Also in the 3rd Edition are dozens of newly added pests, including those affecting azaleas, camellias, hibiscus, camphor, eucalyptus, liquidambar, oaks, maples, palms, pines, olive, roses, and sycamores.

The Wellness Mama 5-Step Lifestyle Detox

With growing consumer awareness about the dangers of garden chemicals, turn to *The Organic Gardener's Handbook of Natural Pest and Disease Control* as the most reliable and comprehensive guide on the garden shelf. Rodale has been the category leader in organic methods for decades, and this thoroughly updated edition features the latest science-based recommendations for battling garden problems. With all-new photos of common and recently introduced pests and plant diseases, you can quickly identify whether you've discovered garden friend or foe and what action, if any, you should take. No other reference includes a wider range of methods for growing and maintaining an organic garden. The plant-by-plant guide features symptoms and solutions for 200 popular plants, including flowers, vegetables, trees, shrubs, and fruits. The insect-and-disease encyclopedia includes a photo identification guide and detailed descriptions of damage readers may see. The extensive coverage of the most up-to-date organic control techniques and products, presented in order of lowest impact to most intensive intervention, makes it easy to choose the best control.

Farming with Native Beneficial Insects

This comprehensive guide to controlling pests in the home and garden is packed with simple and effective tips on how to avoid chemical pesticides that can kill off beneficial insects. Nancarrow and Taylor provide useful information on how to let nature's balance work in one's favor by allowing helpful creatures such as bats, hummingbirds, and lizards into the yard and garden.

Pesticides

This book emphasizes past and current research efforts about principles of natural control of major parasites affecting humans, animals, and crops. Each chapter is a complete and integrated subject that presents a problem and confers on the safe alternatives to chemicals. This book discusses and updates information about three major topics of natural remedies. The first topic is represented in a chapter outlining important information on biological control of parasites, the second topic is represented in three chapters dealing with botanicals as promising antiparasitic agents, and the last four chapters deal with miscellaneous control strategies against parasites. This easily readable book is designed precisely for students as well as professors linked with the field of parasitic control. We enhanced words with breathing areas in the form of graphical abstracts, figures, photographs, and tables.

Landscape Maintenance Pest Control

People are concerned about using petro chemicals when it comes to controlling pests, especially in their home where their children and pets play. More and more people are turning to natural pest control solutions in order to solve this age old problem. Truth is that today's pesticides have many long term health effects, most of which are not even known, or understood yet. Not to mention chemical pesticides are far less effective in most if not all applications in gardening and home pest control. Nature provides us with everything we need, and she provides plenty. You just have to know where to look. Pick up my book today and learn everything you need to protect your home and family, as well as your garden from those nasty pests without using dangerous chemicals

Natural Solutions to Bigger Pests

Jill Winger, creator of the award-winning blog The Prairie Homestead, introduces her debut The Prairie Homestead Cookbook, including 100+ delicious, wholesome recipes made with fresh ingredients to bring the flavors and spirit of homestead cooking to any kitchen table. With a foreword by bestselling author Joel Salatin The Pioneer Woman Cooks meets 100 Days of Real Food, on the Wyoming prairie. While Jill produces much of her own food on her Wyoming ranch, you don't have to grow all—or even any—of your own food to cook and eat like a homesteader. Jill teaches people how to make delicious traditional American comfort food recipes with whole ingredients and shows that you don't have to use obscure items to enjoy this lifestyle. And as a busy mother of three, Jill knows how to make recipes easy and delicious for all ages. "Jill takes you on an insightful and delicious journey of becoming a homesteader. This book is packed with so much easy to follow, practical, hands-on information about steps you can take towards integrating

homesteading into your life. It is packed full of exciting and mouth-watering recipes and heartwarming stories of her unique adventure into homesteading. These recipes are ones I know I will be using regularly in my kitchen." - Eve Kilcher
These 109 recipes include her family's favorites, with maple-glazed pork chops, butternut Alfredo pasta, and browned butter skillet corn. Jill also shares 17 bonus recipes for homemade sauces, salt rubs, sour cream, and the like—staples that many people are surprised to learn you can make yourself. Beyond these recipes, The Prairie Homestead Cookbook shares the tools and tips Jill has learned from life on the homestead, like how to churn your own butter, feed a family on a budget, and experience all the fulfilling satisfaction of a DIY lifestyle.

Organic Pest Control the Practical Guide

Ecofriendly Pest Management for Food Security explores the broad range of opportunity and challenges afforded by Integrated Pest Management systems. The book focuses on the insect resistance that has developed as a result of pest control chemicals, and how new methods of environmentally complementary pest control can be used to suppress harmful organisms while protecting the soil, plants, and air around them. As the world's population continues its rapid increase, this book addresses the production of cereals, vegetables, fruits, and other foods and their subsequent demand increase. Traditional means of food crop production face proven limitations and increasing research is turning to alternative means of crop growth and protection. Addresses environmentally focused pest control with specific attention to its role in food security and sustainability. Includes a range of pest management methods, from natural enemies to biomolecules. Written by experts with extensive real-world experience.

The Organic Gardener's Handbook of Natural Insect and Disease Control

"University of California Statewide Integrated Pest Management Project."

Diatom Nanotechnology

Discusses pest control

Natural Solutions to Things That Big You

"This book will help you eliminate almost every kind of insect and critter you can think of using natural substances." --P. [4] of cover.

Starter Vegetable Gardens

Biological control – utilizing a population of natural enemies to seasonally or permanently suppress pests – is not a new concept. The cottony cushion scale, which nearly destroyed the citrus industry of California, was controlled by an introduced predatory insect in the 1880s. Accelerated invasions by insects and spread of weedy non-native plants in the last century have increased the need for the use of biological control. Use of carefully chosen natural enemies has become a

major tool for the protection of natural ecosystems, biodiversity and agricultural and urban environments. This book offers a multifaceted yet integrated discussion on two major applications of biological control: permanent control of invasive insects and plants at the landscape level and temporary suppression of both native and exotic pests in farms, tree plantations, and greenhouses. Written by leading international experts in the field, the text discusses control of invasive species and the role of natural enemies in pest management. This book is essential reading for courses on Invasive Species, Pest Management, and Crop Protection. It is an invaluable reference book for biocontrol professionals, restorationists, agriculturalists, and wildlife biologists. Further information and resources can be found on the Editor's own website at:
www.invasiveforestinsectandweedbiocontrol.info/index.htm

Natural Enemies Handbook

The edited book *Pesticides - Toxic Aspects* contains an overview of attractive researchers of pesticide toxicology that covers the hazardous effects of common chemical pesticide agents employed every day in our agricultural practices. The combination of experimental and theoretical pesticide investigations of current interest will make this book of significance to researchers, scientists, engineers, and graduate students who make use of those different investigations to understand the toxic aspects of pesticides. We hope that this book will continue to meet the expectations and needs of all interested in different aspects of pesticide toxicity.

Farming with Native Beneficial Insects

Natural Remedies for Pest, Disease and Weed Control presents alternative solutions in the form of eco-friendly, natural remedies. Written by senior researchers and professionals with many years of experience from diverse fields in biopesticides, the book presents scientific information on novel plant families with pesticidal properties and their formulations. It also covers chapters on microbial pest control and control of weeds by allelopathic compounds. This book will be invaluable to plant pathologists, agrochemists, plant biochemists, botanists, environmental chemists and farmers, as well as undergraduate and postgraduate students. Details microbial biopesticides and other bio-botanical derived pesticides and their formulation. Contains case studies for major crops and plants. Discusses phytochemicals of plant-derived essential oils.

1,001 Secret Money Saving Formulas

Allows consumers to take home the most common parts of the in-store reference book at a very attractive price. This revised third edition covers 50% more gardening problems and is more "homeowner friendly" than the previous edition. Solutions for hundreds of common garden problems, arranged by plant type. Colorful, detailed photo and brief analysis help gardeners diagnose each plant problem. Thumbnail maps show North America locations where problems are likely to occur. Chemical and nonchemical solutions are detailed.

Dead Snails Leave No Trails, Revised

Provides information on practical, cost-effective, least-toxic physical, mechanical, cultural, biological, and chemical methods for controlling indoor and outdoor pests

Natural Remedies for Pest, Disease and Weed Control

Bader has researched and tested each of these methods of getting rid of unwanted pests from your garden, house, pets and property.

Integrated Pest Management (IPM)

This is a complete guide to using pesticides safely in turf, landscape, and interior scape situations ranging from parks and golf courses to indoor malls. Designed for professionals working in the public or private sector, it focuses especially on pesticide handling and application procedures of importance. More than 200 photos, line drawings, graphs, and sidebars illustrate key concepts and procedures. Review questions similar to those on the exams are included at the end of each chapter to help you as you study. This is recommended study material for Landscape Maintenance Pest Control and Maintenance Gardener categories of the California Department of Pesticide Regulation's Qualified Pesticide Applicator License (QAL) and Qualified Pesticide Applicator Certificate (QAC) exams.

Control of Pests and Weeds by Natural Enemies

This book is an update on environmentally sound pest management practices under the umbrella of integrated pest management (IPM). It consists of seven contributions from different authors providing information on pest management approaches as chemical alternatives. The book chapters detail about historical review of IPM concepts; strategies and some experiences in applications of IPM in Latin America; pest control in organic agricultural system; and the use of entomopathogenic and molluscoparasitic nematodes, insect pheromones, semiochemicals, detergents, and soaps as a part of IPM scheme. The goal of this book is to provide the most up-to-date review on information available around chemical alternatives in IPM. Therefore, this book will equip academia and industry with adequate basic concepts and applications of IPM as eco-friendly pest management option.

Environmental Health Risk

This book brings together a range of experts to discuss how crop protection chemicals can be used more rationally, so as to maximise benefits in yield and quality while minimising environmental and economic costs. The book is based on the ninth Long Ashton Symposium and is organised into four sections.

Organic Farming for Sustainable Agriculture

A comprehensive overview of the unique porous silica structure of diatoms, their mechanism of formation, properties and applications.

Common-sense Pest Control

This book will help you eliminate almost every kind of insect and critter you can think of and do it using natural substances. It has taken Dr. Bader 10 years of research to be able to provide thousands of usable methods of getting rid of unwanted insects from your garden and pest animals from your property. Including: Get rid of the neighbor's cats and dogs from digging up your yard; easy methods for removing insects from plants and trees; discourage wild animals from entering your property; learn where the bugs hide in the winter; and never see another mosquito or fly in your home or yard.

Ecologically Based Pest Management

Harness the power of beneficial insects to deter pests and reduce crop damage. This comprehensive guide to farming with insects will have you building beetle banks and native plant field borders as you reap a bountiful and pesticide-free harvest. With strategies for identifying the insects you're trying to attract paired with step-by-step instructions for a variety of habitat-building projects, you'll soon learn how to employ your own biocontrol conservation tactics. Lay out the brush piles and plant the hedgerows because the insects are going to love it here!

Green This! Volume 1

Katie Wells, author of *The Wellness Mama Cookbook* and founder of Wellness Mama, finally shares the secret of how she manages six kids, a company, and a career without sacrificing a healthy lifestyle with this step-by-step, comprehensive guide to clean, natural living. By following her simple detox plan, you'll be able to implement a system for better living by reducing toxic exposure, transforming your diet, and regaining control over your health. Katie provides practical tips for slowly incorporating this rewarding lifestyle into an already busy schedule, giving you the option to choose what area of life you'd like to work on first. You can detox your body with whole foods and natural medicines; clean up your beauty regime with all-natural moisturizers, cleansers, hair products, and makeup; get rid of toxic household products that include bleach, ammonia, and acids; try a digital detox for you and your family; or learn how to de-stress by adopting healthier sleeping habits and finding time for yourself. *The Wellness Mama 5-Step Lifestyle Detox* is the natural answer to matters of home, nutrition, and motherhood with over 150 homemade versions of essential household and personal products like: - Citrus Fresh All-Purpose Cleaner - Unscented Liquid Laundry Detergent - Lavender and Honey Face Wash - Mineral Foundation - Lemon Cinnamon Cough Syrup - Chamomile Calming Balm

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