

The Macho Paradox Why Some Men Hurt Women And How All Can Help Jackson Katz

The Scourge of War Studying Men and Masculinities Breaking Out of the "Man Box" Mending the Soul Leading Men Gender Violence The Macho Paradox Roadmap to Reconciliation 2.0 Xy The Man They Wanted Me to Be Angry White Men Guyland Voice Male Psychoanalytic Reflections on a Gender-free Case The Bro Code The Fix The Social Dynamics of Family Violence Beyond the Black Door Guys and Guns Amok Is Masculinity Toxic?: A Primer for the 21st Century (The Big Idea Series) Unclenching Our Fists Find Your Glow, Feed Your Soul You Throw Like a Girl Dying to be Men Men Speak Out The Virility Paradox Divine Duality Power at Play On Violence The Cross and Gendercide Stop Hurting the Woman You Love Muy Macho The Will to Change Man Enough? The Macho Paradox For the Love of Men Abusive Endings Our Guys The Descent of Man Some Men

The Scourge of War

Details the investigation and trial of a group of popular high school boys from the affluent suburb of Glen Ridge, New Jersey, accused of gang raping a retarded teenaged girl

Studying Men and Masculinities

In the vein of #Girlboss and Nice Girls Don't Get the Corner Office, discover how to thrive at work from the head of the Global Innovation Coalition for Change at UN Women with this "passionate, practical roadmap for addressing inequality and finally making our workplaces work for women" (Arianna Huffington). For years, we've been telling women that in order to succeed at work, they have to change themselves first—lean in, negotiate like a man, don't act too nice or you'll never get the corner office. But after sixteen years working with major Fortune 500 companies as a gender equality expert, Michelle King has realized one simple truth—the tired advice of fixing women doesn't fix anything. The truth is that workplaces are gendered; they were designed by men for men. Because of this, most organizations unconsciously carry the idea of an "ideal worker," typically a straight, white man who doesn't have to juggle work and family commitments. Based on King's research and exclusive interviews with major companies and thought leaders, The Fix reveals why denying the fact that women are held back just because they are women—what she calls gender denial—is the biggest obstacle holding women back at work and outlines the hidden sexism and invisible barriers women encounter at work every day. Women who speak up are seen as pushy. Women who ask for a raise are seen as difficult. Women who spend hours networking don't get the same career benefits as men do. Because women don't look like the ideal worker and can't behave like the ideal worker, they are passed over for promotions, paid less, and pushed out of the workforce, not because they aren't good enough, but

because they aren't men. In this fascinating and empowering book, King outlines the invisible barriers that hold women back at all stages of their careers, and provides readers with a clear set of takeaways to thrive despite the sexist workplace, as they fight for change from within. Gender equality is not about women, and it is not about men—it is about making workplaces work for everyone. Together, we can fix work, not women.

Breaking Out of the "Man Box"

We can see the injustice and inequality in our lives and in the world. But how, exactly, does one reconcile? Based on her extensive work with churches and organizations, Rev. Dr. Brenda Salter McNeil has created a roadmap to show us the way. This revised and expanded edition shows us how to take the next step into unity, wholeness, and justice.

Mending the Soul

Masculinity has a powerful effect on the health of men and boys. Indeed, many of the behaviors they use to "be men" actually increase their risk of disease, injury, and death. In this book, Dr. Will Courtenay, an internationally recognized expert on men's health, provides a foundation for understanding this troubling reality. With a comprehensive review of data and literature, he identifies specific gender differences in the health-related attitudes, beliefs, and behaviors of men and boys and the health consequences of these differences. He then describes the powerful social, environmental, institutional, and cultural influences that encourage their unhealthy behaviors and constrain their adoption of healthier ones. In the book's third section, he more closely examines the health needs of specific populations of men, such as ethnic-minority men, rural men, men in college, and men in prisons. Courtenay also provides four empirical studies conducted with multidisciplinary colleagues that examine the associations between masculinity and men and boys' health beliefs and practices. Finally, he provides specific strategies and an evidence-based practice guideline for working with men in a variety of settings, as well as a look to the future of men's health. Medical professionals, social workers, public health professionals, school psychologists, college health professionals, mental health practitioners, academics, and researchers from a broad array of disciplines, and anyone interested in this topic will find it to be an extensively researched and accessible volume.

Leading Men

The late-twentieth-century anxiety about a 'crisis in masculinity' still persists today, particularly in English-speaking cultures. *Studying Men and Masculinities* offers an engaging and comprehensive overview of masculinity. Drawing on a wide range of cultural practices and texts from different genres and media, David Buchbinder examines the notion of patriarchy and the challenges to patriarchal power, including queer theory. The book considers whether crisis may in fact

be built into the very structure of the masculine, and examines emergent masculinities post-9/11. Theoretical positions within the field are clearly explained and applied to real life case studies from literature, film, and television. Interspersed in each chapter are a series of questions and tasks aimed at encouraging the reader to engage her/himself in the study of masculinities in everyday life and popular culture. This topical and thought-provoking book will be an invaluable resource for students of masculinities studies, sexuality studies, cultural studies, and gender theory.

Gender Violence

"Kimmel has made a career out of being what you might call a man-translator."-The Atlantic The white American male voter is alive and well--and angry as hell. Sociologist Michael Kimmel, one of the leading writers on men and masculinity, has spent hundreds of hours in the company of America's angry white men--from white supremacists to men's rights activists to young students--in pursuit of a comprehensive diagnosis of their fears, anxieties, and rage. Kimmel locates this increase in anger in the seismic economic, social, and political shifts that have transformed the American landscape: Downward mobility, increased racial and gender equality, and tenaciously clinging to an anachronistic ideology of masculinity has left many men feeling betrayed and bewildered. Raised to expect unparalleled social and economic privilege, white men are suffering today from what Kimmel calls "aggrieved entitlement": a sense that those benefits that white men believed were their due have been snatched away from them. The election of Donald Trump proved that angry white men can still change the course of history. Here, Kimmel argues that we must consider the rage of this "forgotten" group and create solutions that address the concerns of all Americans.

The Macho Paradox

Taking an anthropological perspective, this comprehensive book offers a highly readable and concise overview of what constitutes gender violence, its social context, and important directions in intervention and reform. Uses stories, personal accounts, case studies and a global perspective to provide a vivid and engaging portrait of forms of violence in gendered relationships Extensively covers many forms of gender violence including domestic violence, rape, murder, wartime sexual assault, prison and police violence, female genital cutting, dowry murders, female infanticide, "honor" killings, and sex trafficking Examines major approaches to diminishing gender violence such as criminalization, batterer retraining programs, and human rights interventions Highlights the role of social movements in defining the problem and mobilizing reforms in the US and internationally

Roadmap to Reconciliation 2.0

From the recent shootings at Virginia Tech University to the tragedies at Columbine and Oklahoma City, certain common traits can be traced through all of these events. In *Guys and Guns Amok*, media and cultural critic Douglas Kellner provides a fascinating diagnostic reading of these acts of domestic terrorism. Skillfully connecting each case with the current environment for male socialization and the search for identity in an American culture obsessed with guns and militarism, Kellner's work is a sobering reflection on these tragedies and the pervasive power of media and popular culture as well as a wake-up call for the future.

Xy

With the courage, honesty, and compassion that have made her one of America's most provocative authorities on modern culture, bell hooks takes on the interior lives of men and answers their most intimate questions about love. Everyone needs to love and be loved -- even men. In this groundbreaking book, bell hooks gets to the heart of the matter and shows men how to express the emotions that are a fundamental part of who they are -- whatever their age, ethnicity, or cultural persuasion. Written in response to the author's in-depth discussions with men who were inspired by her trilogy, *All About Love, Salvation, and Communion*, bell hooks's *The Will to Change* addresses maleness and masculinity in new and challenging ways. With trademark candor and fierce intelligence, hooks answers the most common concerns of men, such as fear of intimacy and loss of their patriarchal place in society. She believes men can find the way to spiritual unity by getting back in touch with the emotionally open part of themselves. Only through this liberation will they lay claim to the rich and rewarding inner lives that have historically been the exclusive province of women. Men can access these feelings by giving themselves permission to be vulnerable. As they grow more comfortable and start believing that it's okay to feel, to need, and to desire, they will thrive as equal partners in their intimate relationships. Whether they are straight or gay, black or white, *The Will to Change* helps men to reclaim the best part of themselves.

The Man They Wanted Me to Be

VOICE MALE: *The Untold Story of the Profeminist Men's Movement* takes you inside one of the most important social justice movements you may never have heard of—the social transformation of masculinity. Although it's been underway since the late 1970s, it still largely remains under the radar of much of society. Thematically arranged essays by leading experts and moving first-person stories illustrate how a growing movement of changing men has discovered in feminism the basis for redefining masculinity and creating healthier lives. The longtime editor of *Voice Male* magazine, Rob Okun, introduces readers to men examining contemporary manhood from a variety of perspectives—from boys on the journey to manhood to men overcoming violence; from fatherhood and mentoring to navigating life as a man of color; as a gay man, and as a survivor. The voices of a chorus of women can also be heard in these pages. Long recognized for articulating a hopeful

vision of the future of men, Okun sensitively presents a vivid portrait sure to be accessible to a wide audience interested in what is happening with men. His many years as a gender justice activist have not just deepened his skill as a chronicler of the profeminist men's movement but also helped to strengthen his voice as a spokesperson articulating men's second act. *Voice Male* offers compelling evidence of a new direction for men and illuminates what's around the bend on the path to gender justice.

Angry White Men

Why is the American male's sense of self so closely intertwined with his success, or failure, as an athlete? What are the physical and emotional costs, to individual men and society at large, of engaging in organized athletics? Are sports good for men and boys? Michael Messner addresses these questions and more in his fascinating new study of masculinity and sports. Using interviews with thirty male former athletes, Messner argues that sports, so central to the lives of millions of boys and men, play a key role in shaping our society's definition of what it means to be a man. Messner shows us that lifelong relationships with colleagues, friends, lovers, wives, and children are affected by the barriers to intimacy constructed through sports. America's jock culture equates true manhood with athletic success, driving men to view the world in terms of status, power, and privilege. The Lombardian ethic that "winning isn't everything; it's the only thing" pushes America's athletes to continue to play even when hurt, to take drugs, and to treat women and others as mere objects. Sexism, homophobia, and racism pervade the world of sports, and Messner's conversations with male athletes of different races, classes, and sexual orientations reveal their struggles to reconcile the world of sports with the reality of their private lives. America's boys and men, as well as its girls and women, can find camaraderie and pleasure on the playing field, but the rules of the game must change first. The rules will only shift, Messner convinces us, when we begin to change our definitions of what it is to be men and women.

Guyland

A nonfiction investigation into masculinity, *For The Love of Men* provides actionable steps for how to be a man in the modern world, while also exploring how being a man in the world has evolved. In 2019, traditional masculinity is both rewarded and sanctioned. Men grow up being told that boys don't cry and dolls are for girls (a newer phenomenon than you might realize—gendered toys came back in vogue as recently as the 80s). They learn they must hide their feelings and anxieties, that their masculinity must constantly be proven. They must be the breadwinners, they must be the romantic pursuers. This hasn't been good for the culture at large: 99% of school shooters are male; men in fraternities are 300% (!) more likely to commit rape; a woman serving in uniform has a higher likelihood of being assaulted by a fellow soldier than to be killed by enemy fire. In *For the Love of Men*, Liz offers a smart, insightful, and deeply-researched guide for what we're

all going to do about toxic masculinity. For both women looking to guide the men in their lives and men who want to do better and just don't know how, For the Love of Men will lead the conversation on men's issues in a society where so much is changing, but gender roles have remained strangely stagnant. What are we going to do about men? Liz Plank has the answer. And it has the possibility to change the world for men and women alike.

Voice Male

Praise for The Macho Paradox "An honest, intellectually rigorous and insightful work that challenges readers to truly engage in a political discourse that can change lives, communities and nations." --Rosalind Wiseman, author of Queen Bees and Wannabes "Jackson Katz is an American hero! With integrity and courage, he has taken his message--that the epidemic of violence against women is a men's issue--into athletic terms, the military and frat houses across the country. His book explains carefully and convincingly why--and how--men can become part of the solution, and work with women to build a world in which everyone is safer." --Michael Kimmel, author of Manhood in America, spokesperson, National Organization for Men Against Sexism (NOMAS) "If only men would read Katz's book, it could serve as a potent form of male consciousness-raising." --Publishers Weekly "This book leaves no man behind when it comes to taking violence against women personally. After reading this book you can see how important it is to be a stand-up guy and not a stand-by guy, no matter what race or culture you come from." --Alfred L. McMichael, 14th Sergeant Major of the Marine Corps and now serving as the Sergeant Major of NATO "A candid look at the cultural factors that lend themselves to tolerance of abuse and violence against women." --Booklist "These pages will empower both men and women to end the scourge of male violence and abuse. Katz knows how to cut to the core of the issues, demonstrating undeniably that stopping the degradation of women should be every man's priority." --Lundy Bancroft, author of Why Does He Do That?: Inside the Minds of Angry and Controlling Men

Psychoanalytic Reflections on a Gender-free Case

"By carefully and soberly examining his own story, Sexton deconstructs American life and gives many examples of how pervasive toxic masculinity is in our culture." —Henry Rollins, Los Angeles Times "This book is critically important to our historical moment . . . [C]rackles with intensity and absolutely refuses to allow the reader to look away for even a moment from the blight that toxic masculinity in America has wrought." —Nicholas Cannariato, NPR Based on his provocative and popular New York Times op-ed, The Man They Wanted Me to Be is both memoir and cultural analysis. Jared Yates Sexton alternates between an examination of his working class upbringing and historical, psychological, and sociological sources that examine the genesis of toxic masculinity and its consequences for society. As progressivism changes American society, and globalism shifts labor away from traditional manufacturing, the roles that have been prescribed to men since the

Industrial Revolution have been rendered as obsolete. Donald Trump's campaign successfully leveraged male resentment and entitlement, and now, with Trump as president and the rise of the #MeToo movement, it's clear that our current definitions of masculinity are outdated and even dangerous. Deeply personal and thoroughly researched, *The Man They Wanted Me to Be* examines how we teach boys what's expected of men in America, and the long-term effects of that socialization—which include depression, shorter lives, misogyny, and suicide. Sexton turns his keen eye to the establishment of the racist patriarchal structure which has favored white men, and investigates the personal and societal dangers of such outdated definitions of manhood.

The Bro Code

Abusive Endings offers a thorough analysis of the social-science literature on one of the most significant threats to the health and well-being of women today—abuse at the hands of their male partners. The authors provide a moving description of why and how men abuse women in myriad ways during and after a separation or divorce. The material is punctuated with the stories and voices of both perpetrators and survivors of abuse, as told to the authors over many years of fieldwork. Written in a highly readable fashion, this book will be a useful resource for researchers, practitioners, activists, and policy makers.

The Fix

Examining changing role models for masculine identity—from cowboy in the 1950s to Terminator in the 1990s, from flesh-and-blood man to machine—this book suggests that men need new role models and that sufficient room needs to be left for the expression of male vulnerability, a psychic space that would accept attitudes and behaviors traditionally labeled as "feminine." This new model, Badinter argues, may reduce the profound effects of homophobia and misogyny.

The Social Dynamics of Family Violence

Testosterone makes us stronger, happier, and smarter. It also makes us meaner, more violent and more selfish. A scientific look into the vast and unexpected influence testosterone has on our behavior, our society, and our bodies. The brain of every man—and every woman—is shaped by this tiny molecule from before birth: it propels our drive for exploration and risk, for competition and creation, and even our survival. The effects of testosterone permeate the traditions, philosophy, and literature of every known culture—without it, the world would be a drastically different place. Testosterone also has a role in humanity's darker side, contributing to violence, hubris, poverty, crime, and selfishness. Recent revelations of the science of testosterone show that high levels will deplete compassion and generosity, and even reduce the affection we

show our children. In *The Virility Paradox*, internationally renowned oncologist and prostate cancer researcher Charles Ryan explores this complex chemical system responsible for a diverse spectrum of human behaviors and health in both men and women. Ryan taps his vast experience treating prostate cancer with testosterone-lowering therapy, observing that this often leads to profound changes in the patients' perspectives on their lives and relationships. Often, for the better. Ryan uses the journeys of these patients and others to illustrate the vast and sometimes unexpected influence testosterone has on human lives. Through the stories of real men and women, he also explores the connections between testosterone and conditions like dementia, autism, and cancer, as well as the biological underpinnings of sexual assault and the effects it has on everything from crime to investing to everyday choices we make. Integrating the molecular and the medical, sociology and storytelling, *The Virility Paradox* offers a fascinating look at how one hormone has shaped history, and the connections between our biology, our behavior, and our best selves.

Beyond the Black Door

The past two decades of psychoanalytic discourse have witnessed a marked transformation in the way we think about women and gender. The assignment of gender carries with it a host of assumptions, yet without it we can feel lost in a void, unmoored from the world of rationality, stability and meaning. The feminist analytic thinkers whose work is collected here confront the meaning established by the assignment of gender and the uncertainty created by its absence. The contributions brought together in *Psychoanalytic Reflections on a Gender-free Case* address a cross-section of significant issues that have both chronicled and facilitated the changes in feminist psychoanalysis since the mid 1980s. Difficult issues which have previously been ignored (such as the pregnancy of the therapist or sexual abuse regarded as more than a fantasy) are considered first. The book goes on to address family perspectives as they interact and shape the child's experience of growing up male or female. Other topics covered are the authority of personal agency as influenced by the language and theory of patriarchy, male-centred concepts that consistently define women as inferior, and the concept of gender as being co-constructed within a relationship. The gender-free case presented here will fascinate all psychoanalysts interested in exploring ways of grappling with the elusive nature of gender, as well as those studying gender studies.

Guys and Guns Amok

Men Speak Out: Views on Gender, Sex, and Power, Second Edition highlights new essays on pornography, pop culture, queer identity, Muslim masculinity, and the war on women. With personal candor and political insight, this collection of diverse authors explores sex work, digital activism, incarceration, domestic violence, surviving incest, and standing firmly as male allies facing the backlash against women's reproductive rights. Featuring eleven new essays and six revised thematic sections, this second edition of a favorite anthology continues to encourage robust discussion and vibrant debate

about masculinity and the possibilities for progressive change. The contemporary, compelling essays in Men Speak Out appeal to students, scholars, activists, and everyday readers.

Is Masculinity Toxic?: A Primer for the 21st Century (The Big Idea Series)

A provocative collection of essays by distinguished Latino writers--including Dagoberto Gilb, Luis Alberto Urrea, and Martin Espada--explains how Latino men, grounded in the macho tradition, can redefine the essential nature of Latino masculinity. Original.

Unclenching Our Fists

This timely title weighs masculinity's capacity for good against its potential for destruction in the context of contemporary debates on the topic. In the wake of the MeToo movement and the upsurge in both feminist and men's rights activism, traditional masculinity has become the topic of impassioned debate. Is Masculinity Toxic? interrogates the myths surrounding modern manhood, asking whether—and how—we need to change our attitudes toward masculinity in the twenty-first century. Therapist Andrew Smiler addresses the topic of masculinity in four chapters: "Evolving Understandings of Masculinity," which examines the history of ideas about masculinity, "Male Power to Harm," which dissects the societal impacts of "toxic" masculinity, including bullying behavior, rape culture, and early male mortality; "Men and Interpersonal Relationships," discusses how men are encouraged not to express their feelings, the sexual objectification of women, and male attitudes toward fatherhood; and "Changing Face of Masculinity Today," which details the ways in which masculinity might adapt to the last century's sweeping changes in gender roles. Is Masculinity Toxic? revisits all sides of the debate, recognizing the positive impact of some of today's models of masculinity while acknowledging the failures and limitations of others.

Find Your Glow, Feed Your Soul

A Breakthrough in Healing, Forgiveness and Reconciliation Between Men and Women I have been looking a long time to find a way to bring healing and reconciliation between women and men here in South Africa. This work is the answer. We need much more of this work in South Africa. – Nozizwe Madlala Routledge, Deputy Minister of Health and Member of Parliament, South Africa Will Keepin's pioneering, passionate, deeply thoughtful work has been on the cutting edge for years. Now his book gives us all access to his profound insights and effective methods. This is crucial work. – Andrew Harvey, author of twenty books, including Son of Man and The Direct Path This is the first workshop I have experienced that fully integrates educational and spiritual components in a balanced manner. – Ela Gandhi, founding director of Satyagraha Center, Durban,

South Africa; granddaughter of Mahatma Gandhi That rarest of books – it challenges and changes your mind, but only after it penetrates your heart. – Peter Rutter, M.D., Jungian psychiatrist, author of Sex in the Forbidden Zone and Understanding and Preventing Sexual Harassment An extraordinary contribution to fostering gender reconciliation practical and empowering. – Angeles Arrien, Ph.D., cultural anthropologist, author of The Four-Fold Way and The Second Half of Life [The] profound crisis in relations between men and women in today’s world causes enormous suffering Divine Duality is an extraordinary and groundbreaking book that holds great promise as a way to its alleviation. – Stanislav Grof, M.D., author of Psychology of the Future and The Ultimate Journey

You Throw Like a Girl

What does it mean to be male in the 21st Century? Award-winning artist Grayson Perry explores what masculinity is: from sex to power, from fashion to career prospects, and what it could become—with illustrations throughout. In this witty and necessary new book, artist Grayson Perry trains his keen eye on the world of men to ask, what sort of man would make the world a better place? What would happen if we rethought the macho, outdated version of manhood, and embraced a different ideal? In the current atmosphere of bullying, intolerance and misogyny, demonstrated in the recent Trump versus Clinton presidential campaign, The Descent of Man is a timely and essential addition to current conversations around gender. Apart from gaining vast new wardrobe options, the real benefit might be that a newly fitted masculinity will allow men to have better relationships—and that’s happiness, right? Grayson Perry admits he’s not immune from the stereotypes himself—yet his thoughts on everything from power to physical appearance, from emotions to a brand new Manifesto for Men, are shot through with honesty, tenderness, and the belief that, for everyone to benefit, updating masculinity has to be something men decide to do themselves. They have nothing to lose but their hang-ups.

Dying to be Men

An international TED Talk speaker, Tony Porter challenges manhood and male socialization, which he defines as the “man box.” Tony Porter works closely with the NFL, the NBA, the MLB, the US military, colleges, universities, and numerous other organizations to prevent violence against women and girls by promoting healthy, respectful manhood. Now, in Breaking Out of the “Man Box” Porter’s message is directed at all men. This book tackles the collective socialization of manhood and provides an in-depth look at the experiences of boys and men. In an effort to understand the many aspects of “what it means to be a man,” Porter suggests the topic is worthy of being rethought, challenged, and even redefined. This book will help men—fathers, husbands, brothers, coworkers, etc.—unpack and correct those realities. Breaking Out of the “Man Box” boldly exposes the connection between male socialization and the quest to end violence against women and girls. Porter provides an honest and transformative experience, empowering men to create a world where men and boys are loving and

respectful—and a human race where women and girls are valued and safe. On the heels of national movements and initiatives such as the NFL's NoMore.org, this book provides men with the knowledge and understanding to explore how to create that world.

Men Speak Out

What does it mean for men to join with women as allies in preventing sexual assault and domestic violence? Based on life history interviews with men and women anti-violence activists aged 22 to 70, *Some Men* explores the strains and tensions of men's work as feminist allies. When feminist women began to mobilize against rape and domestic violence, setting up shelters and rape crisis centers, a few men asked what they could do to help. They were directed "upstream," and told to "talk to the men" with the goal of preventing future acts of violence. This is a book about men who took this charge seriously, committing themselves to working with boys and men to stop violence, and to change the definition of what it means to be a man. The book examines the experiences of three generational cohorts: a movement cohort of men who engaged with anti-violence work in the 1970s and early 1980s, during the height of the feminist anti-violence mobilizations; a bridge cohort who engaged with anti-violence work from the mid-1980s into the 1990s, as feminism receded as a mass movement and activists built sustainable organizations; a professional cohort who engaged from the mid-1990s to the present, as anti-violence work has become embedded in community and campus organizations, non-profits, and the state. Across these different time periods, stories from life history interviews illuminate men's varying paths--including men of different ethnic and class backgrounds--into anti-violence work. *Some Men* explores the promise of men's violence prevention work with boys and men in schools, college sports, fraternities, and the U.S. military. It illuminates the strains and tensions of such work--including the reproduction of male privilege in feminist spheres--and explores how men and women navigate these tensions. To learn more please visit somenmen.org

The Virility Paradox

"A candid look at the cultural factors that lend themselves to tolerance of abuse and violence against women."—Booklist
Revised and updated to include current studies, politics, and discussions, *The Macho Paradox* is the first book to show how violence against women is a male issue as well as a female one — and how we can come together to stop it. Written by pioneering anti-violence educator Jackson Katz, *The Macho Paradox* incorporates the voices and experiences of women and men who have confronted the problem from all angles, the discussions surrounding current events in politics and pop-culture, and where the violence is ignored or encouraged in our upbringing. Katz also offers cogent explanations for why so many men harass and hurt women, and he shows what can be done to stop the violence. By working together as allies, Katz shows how all genders can end the abuse and mistreatment of women. Additional Praise for *The Macho Paradox*: "If only

men would read Katz's book, it could serve as a potent form of male consciousness-raising."—Publishers Weekly "These pages will empower both men and women to end the scourge of male violence and abuse. Katz knows how to cut to the core of the issues, demonstrating undeniably that stopping the degradation of women should be every man's priority."—Lundy Bancroft, author of *Why Does He Do That?: Inside the Minds of Angry and Controlling Men*

Divine Duality

This a-z of self-care takes you through the alphabet of cultivating purpose, inner peace, and joy in your life. *Find Your Glow, Feed Your Soul* is the perfect gift for a loved one who needs a boost (yourself included). From the letter a for acceptance to the letter h for harnessing your bravery to the letter z for zeroing in on what you want, you'll learn how to incorporate happiness and gratitude into your daily routine while also spending some time discovering a more spiritual you. Each chapter is a beacon to help you discover your inner glow, with self-exploration exercises at the end to help you cultivate the quality it highlights. We could all use a little more inner glow. So many of us let fear and self-doubt dictate our lives in big and small ways—keeping us from making a new friend or preventing us from going back to school or feeling happy or simply being our best selves. With *Find Your Glow, Feed Your Soul*, you can easily learn to practice mindfulness and incorporate positivity into your everyday life. You'll find words of encouragement whenever you need them in this beautiful little nightstand book. Find ways to create a more spiritual, soulful, and happier you with this gorgeous devotional begging to be gifted. Words of encouragement and inspiration from women around the world come together in the *Everyday Inspiration* series from Rock Point. Follow the journeys of hundreds of strong female leaders from past to present through thoughtful biographies and empowering quotes, and receive advice for how to live a more thoughtful and fulfilling life overall through performing acts of kindness for other or various methods of self-care. The perfect gift for family and friends, these gorgeous hardcovers featuring foiled covers and full-color interiors bring these amazing words of wisdom to life. Other books in the series include: *Grit & Grace*; *Beautifully Said*; *FollowYour Bliss*, *Find Your Calm*; and *Hello Gorgeous!*

Power at Play

Beyond the Black Door is a young adult dark fantasy about unlocking the mysteries around and within us—no matter the cost. Everyone has a soul. Some are beautiful gardens, others are frightening dungeons. Soulwalkers—like Kamai and her mother—can journey into other people's souls while they sleep. But no matter where Kamai visits, she sees the black door. It follows her into every soul, and her mother has told her to never, ever open it. When Kamai touches the door, it is warm and beating, like it has a pulse. When she puts her ear to it, she hears her own name whispered from the other side. And when tragedy strikes, Kamai does the unthinkable: she opens the door. A.M. Strickland's imaginative dark fantasy features court intrigue and romance, a main character coming to terms with her asexuality, and twists and turns as a seductive

mystery unfolds that endangers not just Kamai's own soul, but the entire kingdom An Imprint Book “I couldn't put down this deliciously dark dream of a fantasy.” —New York Times bestselling author Lisa Maxwell “A dark delight, gorgeously written and as twisty and enigmatic as a labyrinth at twilight. I wanted to stay lost in its pages forever, wandering ever deeper into the maze of Strickland's beguiling, intricately imagined world.” —Margaret Rogerson, New York Times bestselling author of An Enchantment of Ravens

On Violence

Why has the U.S. never had a woman president? With Hillary Clinton engaged in a historic campaign that could see her becoming the first woman elected president of the United States, the national conversation about gender and the presidency is gaining critical momentum. Commentators have fixated on the special challenges women candidates for the presidency face: endless media scrutiny about what they look like, the clothes they wear, the deeply sexist attitudes and beliefs that keep people from believing a woman is capable of serving as Commander in Chief of the Armed Forces. But gender has always been a crucial factor in presidential politics, especially in recent decades, as the Civil Rights, womens and gay rights movements have transformed the social landscape and presented a major challenge to traditional white male power and privilege. In *Man Enough?*, Jackson Katz puts forth the original and highly provocative thesis that in this cultural context presidential campaigns have become the center stage of an ongoing national debate about manhood, a kind of quadrennial referendum on what type of manor one day, womanembodies not only our ideological beliefs, but our very identity as a nation. Written in an engaging style that will appeal to general readers, political experts, and activists alike, Katz explores some of the major political developments, news events and campaign strategies in key elections in recent history. Ranging from the election of the former Hollywood actor Ronald Reagan in 1980 through the re-election of Barack Obama, and extending his analysis into the 2016 election season, Katz zeroes in on how the very notion of what it means to be presidential is linked closely with evolving ideas about manhood. Whether he is exam

The Cross and Gendercide

Why is violence against women endemic, and how do we stop it? Every two minutes, police are called to a family violence matter. Every week, a woman is killed by a current or former partner. This is Australia's national emergency. Violence against women is preventable. It is not an inevitable part of the human condition. It is time to create a new normal. It is time to stop the slaughter in our suburbs.

Stop Hurting the Woman You Love

"Presents collection of stories of domestic violence perpetrators who have stopped being abusive. Includes first-person stories and photographs of men who worked on themselves over years in violence intervention programs and discussion of stages of accountability and behavioral change. Includes chapter for women in abusive relationships trying to assess whether their partners are capable of making needed changes"--Provided by publisher.

Muy Macho

One of the most eminent scholars and writers on men and masculinity and the author of the critically acclaimed *Manhood in America* turns his attention to the culture of guys, aged 16 to 26: their attitudes, their relationships, their rules, and their rituals. "Kimmel is our seasoned guide into a world that, unless we are guys, we barely know exists. As he walks with us through dark territories, he points out the significant and reflects on its meaning."—Mary Pipher, Ph.D., author of *Reviving Ophelia* The passage from adolescence to adulthood was once clear. Today, growing up has become more complex and confusing, as young men drift casually through college and beyond—hanging out, partying, playing with tech toys, watching sports. But beneath the appearance of a simple extended boyhood, a more dangerous social world has developed, far away from the traditional signposts and cultural signals that once helped boys navigate their way to manhood—a territory Michael Kimmel has identified as "Guyland." In mapping the troubling social world where men are now made, Kimmel offers a view into the minds and times of America's sons, brothers, and boyfriends, and he works toward redefining what it means to be a man today—and tomorrow. Only by understanding this world and this life stage can we enable young men to chart their own paths, stay true to themselves, and emerge safely from Guyland as responsible and fully formed male adults.

The Will to Change

Why Americans always elect men as presidents? It's no secret that there is a wide—and growing—gender gap in American presidential politics. Over the past thirty years, Democrats have made major gains with women, while Republicans have been doing far better with men—especially white working class men. The question is why? In *Leading Men*, Jackson Katz argues that racial politics and economic anxieties are not enough to explain the dramatic gender divide in American voting patterns. Cutting against the grain of typical analyses of the gender gap that have focused almost exclusively on women, Katz trains his focus the other way around: on the male side of the equation. He offers stunning evidence that American presidential campaigns have evolved into nothing less than quadrennial referenda on competing versions of American manhood. And in the process, he never takes his eye off what this development means for women—as both candidates and citizens. Written in an engaging style that will appeal to general readers, political experts, and activists alike, Katz explores some of the major political developments, news events and campaign strategies that have made the presidency the center of a cultural conversation about manhood over the past few decades. Ranging from the election of the former Hollywood

actor Ronald Reagan in 1980, through the election of Barack Obama in 2008, and into the 2012 campaign season, Katz zeroes in on how the very notion of what it means to be “presidential” has in many ways become synonymous with traditional definitions of manhood. Whether he is examining right-wing talk radio’s relentless attacks on the masculinity of Democratic candidates, or how fears of appearing weak and vulnerable end up shaping candidates’ actual policy positions, Katz offers a new way to understand the power of image in presidential politics. In the end, *Leading Men* offers nothing less than a paradigm-shifting way to understand the dynamics of presidential elections, and the very nature of the American presidency.

Man Enough?

A first-ever how-to book to help abusive men change their behavior by changing their thinking. End the cycle of abuse - for good. Authors Charlie Donaldson, Randy Flood and Elaine Eldridge uncover a proven action plan that violent men can use to change their behavior. Filled with insightful questionnaires and actual case histories, the essential how-to book *Stop Hurting the Woman You Love*, will help end abusive patterns in favor of healthier, happier relationships.

The Macho Paradox

Extending from the belief that masculinities are multiple, consisting of complexities and constructions that make up the traits associated with each, this book explores the various ways in which boys and men are conditioned to view women as inferior to themselves and predominantly sexual objects—and the deleterious effects this has on both women and men, society, and culture at large. Beginning in childhood, the book provides a critical framework to understand one form of masculinity referred to as “bro culture,” and how it is reproduced and reinforced through popular culture, social institutions, and patriarchal forms of religion and politics. Weaving together current research with illuminating historical and contemporary examples, Thomas Keith unpacks the attitudes, beliefs, and behaviors that constitute this subculture and reveals the ways in which traditional and outdated codes of manhood, power, and gender relations have evolved into problematic forms of sexism, misogyny, and abuse. For as much as popular culture is revealed to be a contributing factor in the passage of bro codes, the book also includes examples of cultural forces that are challenging and seeking to overthrow the core tenets in powerful and lasting ways. Timely and thought-provoking, *The Bro Code* addresses the implications of an enduring social problem and moves us to reflect on ways to empower men away from this toxic form of masculinity.

For the Love of Men

Violence against women and girls is a human rights epidemic that affects millions of lives around the world. While many

Christians are addressing this crisis through education, advocacy and philanthropic support, there has been a reluctance to name gendercide as a theological and confessional issue, a matter that strikes at the very essence of the Christian faith. In *The Cross and Gendercide*, Elizabeth Gerhardt draws on Luther's "theology of the cross" to provide a theological basis for naming and responding to the grave sin of global gendercide. She lifts up the work and witness of Dietrich Bonhoeffer as an especially powerful resource for mobilizing the church today toward political action and social engagement. From the perspective of Christ's cross, the church must raise a prophetic voice against systemic violence and speak up for the myriad women and girls who are invisible and voiceless in the world today.

Abusive Endings

"This is a call to action that has the potential to provoke conversation and change, and is a unique crossover of sports memoir and astute social commentary. From success as a football player to his mission as a feminist and educator, McPherson has spent decades sharing his story and advocating for a new definition of manhood. This timely and coherent study of gender roles is highly recommended." --Library Journal, Starred Review "McPherson wants readers to begin to understand that traditional masculinity is a burden to boys and men, and to help change the narrative handed down to them This is a valuable contribution to the new choir of traditionally masculine men reevaluating themselves on their own terms." --Publishers Weekly "You Throw Like a Girl is one of the most important books ever written by a former elite male athlete. Don McPherson's willingness to look inward and share his insights and experiences on and off the field represents an invaluable contribution to the growing literature about the ways in which limited definitions of 'manhood' cause immeasurable harm to women and men alike." --Jackson Katz, author of *The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help* "I have had the good fortune of interviewing and working with Don McPherson many times over the years. His voice and candor in talking about his own journey and the necessary changes we need to raise healthy and whole men and boys is so compelling and powerful. This thoughtful and inspiring book is an important contribution to this timely conversation. I am grateful for Don McPherson's voice, as a feminist and activist for ending violence against women, and as an advocate for reimagining masculinity." --Marianne Schnall, journalist, founder of Feminist.com and WhatWillItTake.com, author of *What Will It Take to Make a Woman President?* "Don McPherson wrestles with one of the most important questions of our time and one that we have to face head-on in today's world: what does it mean to be a man? He talks of courage, love, fatherhood, and growing up. Men don't face this question in a thoughtful way and the result is that we are coming up short. Don's book helps us to take that journey to real masculinity, not the stereotypical and sometimes dangerous version we see on social media and in film." --Mike Rawlings, mayor of Dallas, Texas In *You Throw Like a Girl*, former Syracuse University quarterback and NFL veteran Don McPherson examines how the narrow definition of masculinity adversely impacts women and creates many "blind spots" that hinder the healthy development of men. Dissecting the strict set of beliefs and behaviors that underpin our understanding of masculinity, he contends that we don't

raise boys to be men, we raise them not to be women. Using examples from his own life, including his storied football career, McPherson passionately argues that viewing violence against women as a "women's issue" not just ignores men's culpability but conflates the toxicity of men's violence with being male. In *You Throw Like a Girl*, McPherson leads us beyond the blind spots and toward solutions, analyzing how we can engage men in a sustained dialogue, with a new set of terms that are aspirational and more accurately representative of the emotional wholeness of men.

Our Guys

This compelling text explores family violence throughout the life course, from child abuse and neglect to intimate partner violence and elder abuse. Paying special attention to the social character and institutional causes of family violence, Hattery and Smith ask students to consider how social inequality, especially gender inequality, contributes to tensions and explosive tendencies in family settings. Students learn about individual preventative measures and are also invited to question the justice of our current social structure, with implications for social policy and reorganization. The second edition features a new chapter focusing on institutionalized violence affecting families of the military and police, as well as a discussion on sports and sexual abuse cases occurring on college campuses. Hattery and Smith also examine violence against women globally and relate this to violence in the United States. Unique coverage of same-sex and multicultural couples, as well as of theory and methods, make this text an essential element of any course considering the sociology of family violence.

The Descent of Man

This book provides a well-researched biblical and scientific overview of abuse. A broad overview, it deals with the various types of abuse, the various effects of abuse, and the means of healing. Abuse can be sexual, physical, neglect, spiritual, and verbal. The chief arguments pursued throughout the book are: (1) abuse is far more rampant than most Christians realize, but due to human depravity and satanic influence, widespread abuse is predicable. (2) All types of abuse create profound, long-term soul damage due to the way abuse perverts various aspects of the image of God. (3) God is the healing redeemer. Human salvation came through horrible physical abuse. (4) Healing must take place in the context of relationships. Humans are deeply impacted by others due to being made in the image of God. Just as surely as abusive relationships have tremendous power to wound the soul, so healthy relationships have tremendous power to nurture and heal the soul. Questions answered in the book include: - How can a genuine believer abuse a child? - Why would someone abuse a child? - How can parents and childrens' workers identify abusers? - How can abuse victims heal? - What does genuine healing look like? - Is anger appropriate or hurtful for abuse victims? - Where does forgiveness fit in? Helpful sample child protection policy, application, screening interview, and warning signs of potential abusers equip ministry

leaders. Illustrations, case studies, and art therapy drawings.

Some Men

Formative years, 1822-1861 -- Working his way, March 1861-March 1864 -- Command of the military division of the Mississippi -- Things will never be the same again: the reckoning.

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